

Year End Reflection Worksheet

“The definition of insanity is doing the same thing over and over again and expecting different results.” ~Albert Einstein

Create some time to reflect. What you value, you find time for.

Great things that happened this year:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____

I am most proud of these accomplishments:

1. _____
2. _____
3. _____

Three greatest lessons I've learned this year:

1. _____
2. _____
3. _____

I would do these three things differently:

1. _____
2. _____
3. _____

Things I need to do less of in the next year:

1. _____
2. _____
3. _____

Things I need to do more of in the next year:

1. _____
2. _____
3. _____

Things I need to stop doing in the next year:

1. _____
2. _____
3. _____

Smartest decision I made last year:

Biggest risk taken last year:

Most important relationship improved last year: